

Description

Self-care guidelines for patients and parents of sick children. Designed specifically for use on the Internet. Information has been adapted from the Pediatric Telephone Protocols authored by Barton Schmitt, M.D., and Adult Telephone Protocols authored by David Thompson, M.D.

Purpose

To support your patients with the information they want and need:

- Provide decision support, not just health information
- Determine how sick you or your child are
- Determine if and when you need to call your doctor
- Learn how to relieve symptoms of minor illnesses

Topics

The topics cover the most frequently encountered symptoms for children and adults.

- Pediatric topics: 80
- Adult topics: 60

How It Works

Patient or parent of a sick child identifies an illness or symptom of concern. She/he can search for the appropriate self-care topics by alphabetical and/or anatomical symptom lists. Each topic contains 3 components:

- Main Symptom Information
- Decision Chart
- Home Care Advice

By using the Decision Chart, the user can place the illness into one of the following 5 "When to Call Your Doctor" categories:

- Call 911 Now (you may need an ambulance)
- Call Your Doctor Now (night or day)
- Call Your Doctor Within 24 Hours (between 9 am and 4 pm)
- Call Your Doctor During Weekday Office Hours
- Self Care at Home

Authors

Drs. Barton Schmitt and David Thompson, content is peer-reviewed and updated annually. English and Spanish available.

